

Morning Prayer – Friday, October 2, 2020
Celtic Daily Prayer Book One: The Journey Begins

Opening Words

My soul thirsts for God, for the living God. As the deer pants for streams of water, so my soul pants for You, O God.

Be still and aware of the presence of the Divine within and all around

Opening Prayer and Thanksgiving

Thanks be to You,
O ever-gentle Christ,
for raising me freely
from the darkness of last night
into the kindly light of this day

FREE PRAYERS OF THANKSGIVING

On your path, O my God,
and not my own,
be all my journeying.
Rule this heart of mine
that it may be only Yours.

Scripture – Ephesians 4:25-32 (Contemporary English Version - CEV)

We are part of the same body. Stop lying and start telling each other the truth. Don't get so angry that you sin. Don't go to bed angry and don't give the devil a chance. If you are a thief, quit stealing. Be honest and work hard, so you will have something to give to people in need.

Stop all your mean talk. Say the right thing at the right time and help others by what you say. Don't make God's Spirit sad. The Spirit makes you sure that someday you will be free from your sins. Stop being bitter and angry and mad at others. Don't yell at one another or curse each other or ever be rude. Instead, be kind and merciful, and forgive others, just as God forgave you because of Christ.

Poem – "Idiot Psalm 12" by Scott Cairns

A psalm of Isaak, amid uncommon darkness

O Being both far distant and most near,
O Lover embracing all unlovable, O Tender
Tether binding us together, and binding, yea
and tenderly, Your Person to ourselves,

Being both beyond our ken, and kindred, One
whose dire energies invest such clay as ours
with patent animation, O Secret One secreting
life anew into our every tissue moribund,
afresh unto our stale and stalling craft,
grant in this obscurity a little light.

Intercessory Prayer

Help me to know that the secret of contentment
lies in organising the self
in the direction of simplicity

Unless You have another task for me,
keep me vigilant in prayer

Personal Intercessions

Closing Prayer

All I speak
be blessed to me, O God.
All I hear
be blessed to me, O God.
All I see
be blessed to me, O God.
All I sense
be blessed to me, O God.
All I taste
be blessed to me, O God.
Each step I take
be blessed to me, O God.

Prayers – *Celtic Daily Prayer Book One: The Journey Begins* © The Northumbria Community Trust (William Collins of Harper Collins Publishing, 2015).

Poem – “Idiot Psalm 12” by Scott Cairns, *Poetry* (July/August 2013)