

THE FIFTH SUNDAY AFTER EPIPHANY

FEBRUARY 4, 2024



Coptic Tattoo Design by Anatta Vela

8:00 AM SERVICE OF HOLY COMMUNION

The Book of Common Prayer – beginning page 67

10:00 AM THE COMMUNITY GATHERS

Welcome, Announcements & Territorial Acknowledgement

We come to silence at the sound of the gong.

To request specific prayers during the service, please fill out a prayer card and place it in the prayer basket in the narthex.

Opening Hymn: CP#347 "The God of Abraham Praise"

Presider The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

All **And also with you.**

Presider There is one body and one Spirit;

All **There is one hope in God's call to us;**

Presider one Lord, one faith, one baptism,

All **one God and Creator of all.**

Presider Let us pray.

All **Almighty God, grant that we who have been buried with Christ in baptism may be raised with him to newness of life. Renew us by the power of your Holy Spirit that we may live in righteousness and true holiness, through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.**

Act of Praise – “This Little Light of Mine”

This little light of mine, I’m gonna let it shine x3
Let it shine, let it shine, let it shine!

Hide it under a bush, Oh no! I’m gonna let it shine x3
Let it shine, let it shine, let it shine!

Children’s Talk

Collect of the Day

Presider Almighty God,
**by whose grace alone we are accepted and called to your service;
strengthen us by your Holy Spirit and make us worthy of our calling;
through Jesus Christ your Son our Lord, who is alive and reigns with you
in the unity of the Holy Spirit, one God, now and forever. Amen.**

Common Worship (2000)

THE PROCLAMATION OF THE WORD

FIRST READING: Isaiah 40:21-31

Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; who brings princes to naught, and makes the rulers of the earth as nothing. Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. To whom then will you compare me, or who is my equal? says the Holy One. Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing. Why do you say, O Jacob, and speak, O Israel, "My way is hidden from the Lord, and my right is disregarded by my God"? Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the Lord shall renew their strength, they

shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

Reader Hear what the Spirit is saying to the Church.

All Thanks be to God.

Psalm 147:1-11, 20c

Reader Hallelujah!

How good it is to sing praises to our God! *

All How pleasant it is to honor God with praise!

The Lord rebuilds Jerusalem * **and gathers the exiles of Israel.**

The Lord heals the brokenhearted * **and binds up their wounds.**

The Lord counts the number of stars * **and calls them all by their names.**

Great is our Lord and mighty in power; *
there is no limit to the wisdom of God.

The Lord lifts up the lowly, * **but casts the wicked to the ground.**

Sing to the Lord with thanksgiving; *
make music to our God upon the harp.

The Lord covers the heavens with clouds * **and prepares rain for the earth,**
making grass to grow upon the mountains *
and green plants to serve humankind.

The Lord provides food for flocks and herds *
and for the young ravens when they cry.

The Lord is not impressed by the might of a horse *
and has no pleasure in human strength,

but finds pleasure in those who fear God, *
in those who await the gracious favor of the Lord. Hallelujah!

SECOND READING: 1 CORINTHIANS 9:16-23

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel. For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I

might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

Reader Hear what the Spirit is saying to the Church.

All Thanks be to God.

Gradual Hymn: CP#292 "We Cannot Measure How You Heal"

THE GOSPEL: MARK 1:29-39

Reader The Lord be with you.

All And also with you.

Reader The Holy Gospel of our Lord Jesus Christ
according to Mark.

All Glory to you, Lord Jesus Christ.

As soon as they left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told Jesus about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them. That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighbouring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

Reader The Gospel of Christ.

All Praise to you, Lord Jesus Christ!

Homily

The Prayers of the People

The Peace

Presider Christ is our peace. If anyone is in Christ, there is a new creation. The old has passed away: behold, everything has become new.

The peace of the Lord be always with you:

All And also with you.

Offertory Hymn: CP#344 "From All That Dwell Below the Skies"

WE SHARE THE SACRED MEAL

Presider God of life and freedom,

All we celebrate the revelation of Jesus as the Christ who makes all creation new. Accept all we offer you this day and make us new in him, who is Lord forever and ever. Amen.

Eucharistic Prayer – BAS #5 (p 204)

Presider The Lord be with you.

All And also with you.

Presider Lift up your hearts.

All We lift them to the Lord.

Presider Let us give thanks to the Lord our God.

All It is right to give our thanks and praise.

Presider We give you thanks and praise, almighty God,
for the gift of a world full of wonder,
and for our life which comes from you.
By your power you sustain the universe.

All Glory to you for ever and ever.

Presider You created us to love you with all our heart,
and to love each other as ourselves,
but we rebel against you by the evil that we do.
In Jesus, your Son,
you bring healing to our world
and gather us into one great family.
Therefore, with all who serve you
on earth and in heaven,

All we praise your wonderful name, as we sing,
(Please see insert) Holy, holy, holy Lord, God of hosts,
heaven and earth are full of your glory.

Hosanna in the highest, Hosanna in the highest.

**Blessed is he who comes in the name,
who comes in the name of the Lord.**

Hosanna in the highest, Hosanna in the highest.

Presider We give you thanks and praise, loving Father,
because in sending Jesus, your Son, to us
you showed us how much you love us.
He cares for the poor and the hungry.
He suffers with the sick and the rejected.
Betrayed and forsaken, he did not strike back
but overcame hatred with love.
On the cross he defeated the power of sin and death.
By raising him from the dead
you show us the power of your love

to bring new life to all your people.

All

Glory to you for ever and ever.

Presider

On the night before he gave up his life for us,
Jesus, at supper with his friends,
took bread, gave thanks to you,
broke it, and gave it to them,
saying, "Take this, all of you, and eat it:
this is my body which is given for you."
After supper, Jesus took the cup of wine,
said the blessing, gave it to his friends,
and said, "Drink this, all of you:
this is the cup of my blood,
the blood of the new and eternal covenant,
which is shed for you and for many,
so that sins may be forgiven.
Do this in memory of me."

All

Glory to you for ever and ever.

Presider

Gracious God,
with this bread and wine
we celebrate the death and resurrection of Jesus,
and we offer ourselves to you in him.
Send your Holy Spirit on us and on these gifts,
that we may know the presence of Jesus
in the breaking of bread,
and share in the life
of the family of your children.

All

Glory to you for ever and ever.

Presider

Creator, you call us to be your servants;
fill us with the courage and love of Jesus,
that all the world may gather in joy
at the table of your kingdom.
We sing your praise, almighty Father,
through Jesus, our Lord,
in the power of the Holy Spirit,
now and for ever.

All

Glory to you for ever and ever. Amen.

The Lord's Prayer (Sung)

Our Fa-ther, in hea-ven, hal-low-ed be yourname, your king-dom come, your will be done on earth as in
 9
 hea-ven. Give us to-day our dai-ly bread. For- give - us our sins as we for-give those who sin a -gainst us.
 17
 — Save us from the time of trial and de - li - ver us from e - vil, For the
 22
 king - dom, the pow'r and the glo - ry are yours, now and for - ev - er.

The Breaking of the Bread

Presider We break this bread to share in the body of Christ.

All **We, being many, are one body,
 for we all share in the one bread.**

Presider The gifts of God for the People of God.

All **Thanks be to God.**

All are welcome to join in the sacred feast of Holy Communion. Please come forward to receive the sacrament in front of the altar. You may also indicate your desire to receive a blessing by crossing your arms over your chest. Gluten-free wafers are available upon request. All are invited to draw near the table of the Lord.

Communion Music: Lamb of God – *see insert*
 CP#73 "One Bread, One Body"
 CP#503 "Fight the Good Fight With All Thy Might"

Prayer after Communion:

Presider Gracious God, lover of all,

All **by the sacraments of bath and table
 you make us one family in Christ your Son,
 one in the sharing of his body and blood,
 one in the communion of his spirit.
 Help us to grow in love for one another
 and come to the full maturity of the Body of Christ.**

Presider Glory to God,

All **whose power, working in us,
 can do infinitely more
 than we can ask or imagine.
 Glory to God from generation to generation,
 in the Church and in Christ Jesus,
 for ever and ever. Amen.**

WE ARE SENT INTO THE WORLD

Blessing

Presider Holy God, we thank you that by water and the Holy Spirit you have bestowed upon us the forgiveness of sin and have raised us to the new life of grace. Sustain us, O Lord, in your Holy Spirit. Give us inquiring and discerning hearts, the courage to will and to persevere, a spirit to know and to love you, and the gift of joy and wonder in all your works.
And the blessing of God: Creating, Redeeming and Sustaining, be with you and remain with you always.

All Amen.

Recessional Hymn: CP#565 "Guide Me, O Thou Great Jehovah"

Dismissal

Presider May Christ, who sends us to the nations, give us the power of the Spirit.

All Thanks be to God.



	8am	10am
Presider	The Rev. Christine Conkin	The Rev. Christine Conkin
Preacher	Canon Brendon Neilson	Canon Brendon Neilson
Music Director		Marlon Narciso / Deb Koning
First Reading	Marilyn Pattison	Jeanette Muzio
Psalm	Leslie Glazier	Lynn Alexander
Second Reading	Linda Sproule-Jones	Nicola LaMorte
Prayers	Helen Malcolm	Barbara Colebrook Peace
Administrants	Leslie Glazier	Mike Bassett, Peter Parker
Liturgical Assistant	John Oldale	Bruce Winter
Greeters	Peter Malcolm	Gary and Darlene Fisher
Tech Assistant		Michael Marriott
Counter		Darlene Fisher
Supervisor		Alice Kubek
Flowers	Margaret Hood	Sandra Moore
Chancel Guild	Darlene Fisher	Sue Vickers
Altar Bread	Joan Collis	Kathleen von Kanel

Music License and Agreements: One License A712703

Open Wi-Fi Network Available: St. George Church Guest



This building is equipped with a Hearing Loop. If you use hearing aids or a cochlear, please switch to the T-position to better enjoy today's service.